

SEMI-PERMANENT BROWS

How to prepare for your treatment

- 4 weeks before NO laser, chemical treatments, retinol, vitamin A, glycolic acids, botox and fillers.
- 3 weeks before NO facials, scrubs, sun or sun beds.
- You must wait 2 weeks if you have been unwell, completed antibiotics or had a varication, if your immune system is weak it can effect the healing process and pigment retention.
- 8/10 days before your appointment start preparing the skin, moisturising daily & make sure the area is groomed to prevent dryness/irritation.
- 1 week before NO plucking, facial waxing/tinting, fish oils, natural blood thinners or vitamin E.
- 24h before NO exercise, alcohol, caffeine/tea/coffee, aspirin or ibuprofen.
- Note you will be more sensitive 5 days before, during and after your menstrual cycle.

AFTERCARE

Skin healing can take 4-6 week, the area will look 40% darker & 15% thicker in the first week, 1-3 days you may experience redness, tenderness or swelling, 3-10 days the area may feel dry, itchy and flaky. It is important to let it fall away naturally, do not touch as the colour may heal uneven and cause infection, if you are concerned please contact me, if the area does become inflamed seek medical advise. Over the next 4 weeks the colour will soften and fade considerably due to your skin type and metabolism. This is normal and part of the healing process and the purpose of a touch up appointment 4-8 weeks later to make any corrections or add colour if need.

- DAY 1 - wipe gently with damp pad & let dry, apply a thin layer of cream with a cotton bud. Repeat 4 time's throughout the rest of the day.
- DAY 2 - Same as above: 3 times
- DAY 3-10 - Keep completely dry and only use cream morning & night until no longer dry. Wipe off previous application to avoid build-up of cream.
- OILY SKIN: DAY 3-10 - Dry healing, no cream.
- For 10 days NO touching, picking, makeup, face cream, water, steam, exercise, sun, sun beds and fake tanning.
- For 30 days NO Botox, face scrubs, laser, chemical treatments, retinol, retinA, glycolic acids, tinting and waxing.
- Book your touch up appointment between 4-8 weeks, Oily/combination skin may require more touch up's.
- Colour refresh are usually 1-3 years for some it may be longer If you are unsure please get in touch with photos and I can advise.
- Always ware SPF & moisturiser, when applying foundation wipe of the brows as to not dull the pigment, regular tinting & waxing will maintain your look for longer, prolonging a colour refresh treatment.

SEMI-PERMANENT LIP BLUSH

How to prepare for your treatment

- 4 weeks before NO laser, chemical treatments, retinol, vitamin A, glycolic acids, botox and fillers.
- 3 weeks before NO facials, scrubs, sun or sun beds.
- You must wait 2 weeks if you have been unwell, completed antibiotics or had a vaccine, if your immune system is weak it can effect the healing process and pigment retention.
- 8/10 days before your appointment start preparing the skin, moisturising daily & make sure the area is groomed to prevent dryness/irritation.
- 1 week before NO plucking, facial waxing/tinting, fish oils, natural blood thinners or vitamin E.
- **COLD SORES:** If you have at anytime suffered from cold sores, you must wait 4 weeks form your last breakout. For some they may unknowingly carry the virus, as precaution All clients must contact their GP/Pharmacist and request a prescription for Anti Herpes Simplex Virus, suggested Aciclovir 400mg or similar.
Dosage – 3 times a day for 7 days starting: 3 days before, day off treatment & 3 days after .
- 24h before NO exercise, alcohol, caffeine/tea/coffee, aspirin or ibuprofen.
- Applying Emla numbing cream 30mins prior to your appointment is suggested however it is not required as it will be applied on arrival. Note you will be more sensitive 5 days before, during and after your menstrual cycle.

AFTERCARE

Skin healing can take 4-6 week, the area will look 40% brighter & 15% bigger in the first week, 1-3 days you may experience redness, tenderness or swelling, 3-10 days the area may feel dry, itchy and flaky. It is important to let it fall away naturally, do not touch as the colour may heal uneven and cause infection, if you are concerned please contact me, if the area does become inflamed seek medical advise. Over the next 4 weeks the colour will soften and fade considerably due to your skin type and metabolism. This is normal and part of the healing process and the purpose of a touch up appointment 4-8 weeks later to make any corrections or add colour if need.

- DAY 1-3 keep highly moisturised & apply your balm as offend as every 45mins or when needed. Morning & night only, gently pat with damp pads & let dry before applying balm. Avoid hot drinks, drink via a straw, NO hot, spicy or salty foods, alcohol, smoking, exercise, touching or kissing. To prevent any infection use fresh towels, cups & cutlery etc.
- DAY 4-10 - Keep completely dry and highly moisturised continue applying your balm as offend as needed.
- For 10 days NO touching, picking, makeup, face cream, water, steam, exercise, sun, sun beds or fake tanning.
- For 30 days NO Botox, face scrubs, laser, chemical treatments, retinol, retinA, glycolic acids, tinting and waxing.
- Book your touch up appointment between 4-8 weeks, Oily/combination skin may require more touch up's.
- Colour refresh are usually 1-3 years for the health of your skin it is not advised any sooner than 12 months.
- Always ware SPF & moisturiser, when applying foundation wipe of the area as to not dull the pigment and apply lip balm.